

6<sup>th</sup> Edition of World  
**OBESITY** and  
**WEIGHT**  
Management Congress

&

4<sup>th</sup> Edition of International Conference on  
**DIABETES** and  
**ENDOCRINOLOGY**

**Exhibitor**



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**19-21, October 2026**  
**Boston, Massachusetts, USA**

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**IN-PERSON:**

Eastern Time (ET)

**Hilton Boston/Woburn**

2 Forbes Road, Woburn, Massachusetts,  
01801, USA

**VIRTUAL:**

Central European Summer Time  
(CEST)



**MONDAY  
OCTOBER 19  
2026**

**DAY 01 | IN-PERSON @FLAG BALL ROOM  
EASTERN TIME (ET)**

|             |                                   |
|-------------|-----------------------------------|
| 08:00-08:50 | Registrations                     |
| 08:50-09:00 | Opening Ceremony and Introduction |
| 09:00-11:00 | Keynote Sessions                  |
| 11:00-11:30 | Group Photo   Coffee Break        |
| 11:30-12:10 | Keynote Session                   |
| 12:10-12:50 | Oral Session                      |
| 12:50-14:00 | Lunch Break                       |
| 14:00-15:00 | CME Workshop                      |
| 15:00-16:00 | Oral Sessions                     |
| 16:00-16:30 | Coffee Break                      |
| 16:30-17:10 | Oral Sessions                     |
| 17:10-18:00 | Poster Sessions                   |

**TUESDAY  
OCTOBER 20  
2026**

**DAY 02 | IN-PERSON @FLAG BALL ROOM  
EASTERN TIME (ET)**

|             |                  |
|-------------|------------------|
| 08:50-09:00 | Opening Remarks  |
| 09:00-11:00 | Keynote Sessions |
| 11:00-11:30 | Coffee Break     |
| 11:30-12:50 | Oral Sessions    |
| 12:50-14:00 | Lunch Break      |
| 14:00-15:00 | CE Workshop      |
| 15:00-16:00 | Oral Sessions    |
| 16:00-16:30 | Coffee Break     |
| 16:30-17:10 | Oral Sessions    |

**WEDNESDAY  
OCTOBER 21  
2026**

**DAY 03 | VIRTUAL @ZOOM MEETING  
CENTRAL EUROPEAN SUMMER TIME (CEST)**

|             |                   |
|-------------|-------------------|
| 08:30-09:00 | AV Check          |
| 09:00-11:00 | Keynote Sessions  |
| 11:00-15:40 | Oral Sessions     |
| 15:40-16:20 | Poster Sessions   |
| 16:20-18:20 | Keynote Sessions  |
| 18:20-18:40 | Oral Session      |
| 18:40-19:00 | Exhibitor Session |

## Important Note

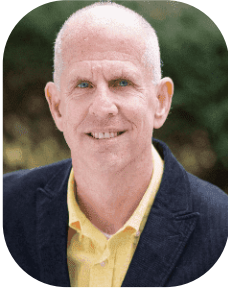
The conference follows Eastern Time (ET) for In-person sessions and Central European Summer Time (CEST) for Virtual sessions.

When the program refers to Local Timings, it means that the timing mentioned is based on the time zone of the presenter's country.

In-person presentations will take place in the **Flag Ball Room Meeting Hall** @Hilton Boston/Woburn and Virtual presentations will take place in Zoom meetings.

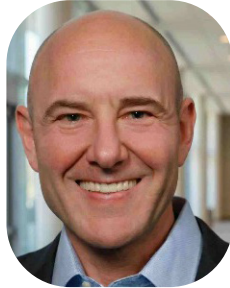
Please remain accessible in the hall or on Zoom throughout the day as there could be minor program adjustments due to technical issues or presenter no-shows.

# Keynote Speakers



**Russell Rising**

D & S Consulting Services Inc., United States



**Scott Isaacs**

Emory University School of Medicine,  
United States



**Hassan Massoud Heshmati**

Endocrinology Metabolism Consulting, LLC,  
United States



**Mahir Khalil Ibrahim Jallo**

Thumbay University Hospital,  
United Arab Emirates



**Bob Esquerre**

Esquerre Fitness Group International,  
United States



**Ann Gilbert**

Fit-Her Health & Fitness for Women,  
United States



**Andrzej Bissinger**

Medical University of Lodz, Poland



**Tracy Norfleet**

Weight Liberation®, United States



**Michelle Petties**

Brand New Now Press, United States



**Vicky Midwood**

Go Figure Coaching, United Kingdom



**Wan Rosli Wan Ishak**

Universiti Sains Malaysia, Malaysia



**Sujith Rajan**

NYU Langone Hospitals,  
United States



**Daryle Wane**

Nurse Consultant, United States

## DAY 01 @FLAG BALL ROOM

October 19, Monday

EASTERN TIME (ET)

|             |                                   |
|-------------|-----------------------------------|
| 08:00-08:50 | Registrations                     |
| 08:50-09:00 | Opening Ceremony and Introduction |

**Moderators:****Auston W Cherbonneau**, Independent Researcher, United States**Shaheen Khan Kaplan**, Avalon University School of Medicine, Curaçao**Chairs:****Russell Rising**, D & S Consulting Services Inc., United States**Bob Esquerre**, Esquerre Fitness Group International, United States

09:00-09:40

Keynote Session

**Russell Rising**, D & S Consulting Services Inc., United States

Title: Adaptability of whole room indirect calorimetry for mainstream health and wellness

09:40-10:20

Keynote Session

**Hassan M. Heshmati**, Endocrinology Metabolism Consulting, LLC, Hassan Heshmati and Valerie Shaw Endocrine Research, United States

Title: Challenges of obesity in the geriatric population

10:20-11:00

Keynote Session

**Bob Esquerre**, Esquerre Fitness Group International, United States

Title: The blueprint of belonging: Aligning clinical intervention and fitness strategy to drive sustainable transformation, function, and well-being

11:00-11:30

Coffee Break @Foyer | Group Photo

11:30-12:10

Keynote Session

**Michelle Petties**, Brand New Now Press, United States

Title: VAMP, the inner work: A new pathway to sustainable weight loss

DAY 01 @FLAG BALL ROOM  
EASTERN TIME (ET)

October 19, Monday

12:10-12:50

Oral Session

**Auston W Cherbonneau, Independent Researcher, United States**

Title: Redefining the metabolism of weight loss: Exercise signal and material nutrition

12:50-14:00

Lunch Break @Restaurant

14:00-15:00

CME WORKSHOP

**Marc Cornier, Medical University of South Carolina; University of Texas Southwestern Medical Center, United States**

**Melanie Duran, UNM Hospitals Albuquerque, United States**

Title: Personalizing progress in type 2 diabetes: Peer-led approaches to holistic care

15:00-15:20

Oral Session

**Asef Mahmud, AdventHealth, United States**

Title: Adolescent weight loss medications & surgery

15:20-15:40

Oral Session

**Zhiheng Zhou, The Eighth Affiliated Hospital of Southern Medical University, China**

Title: An intelligent hierarchical medical platform established upon high-quality datasets improves the effectiveness of glycemic management for all patients in different levels hospitals

15:40-16:00

Oral Session

**Kia Mitchell, Families First Medical Group, International Women's Obesity Network (IWON), United States**

Title: The weight we carry: Obesity bias, stigma & workplace mental health

16:00-16:30

Coffee Break @Foyer

16:30-16:50

Oral Session

**Madhu S. Malo, Stapgen LLC, United States**

Title: IAP: A predictor biomarker of obesity

16:50-17:10

Oral Session

**Divanshi Trivedi, London Northwest Hospital NHS Foundation Trust, United Kingdom**

Title: Association between diabetes technology use and prevalent macrovascular disease in adults with type 1 diabetes: A cross-sectional analysis

**Poster Judges:****Russell Rising, D & S Consulting Services Inc., United States****Bob Esquerre, Esquerre Fitness Group International, United States**

PP01

Poster Sessions (17:10-18:00)

**Jesse Cochrane, Lipedema Foundation, United States**

Title: Patient reported outcomes of GLP 1/GIP agonist use for lipedema: Results from a survey based study

PP02

**Aminata Mbaye, Université Cheikh Anta Diop, Senegal**

Title: Epidemiological and diagnostic characteristics of children followed for overweight and obesity at the Albert Royer National Children's Hospital Center in Senegal

PP03

**Kaishi Yang, Albert Einstein College of Medicine, United States**

Title: Using a multi-disciplinary clinic model to prevent diabetic foot ulcer recurrence

PP04

**Venkat Reddy Dornadula, Pacific Union College, United States**

Title: AI model prediction of dawn phenomenon

PP05

**Shaheen Khan Kaplan  
Rushil Patel  
Avalon University School of Medicine, Curaçao**

Title: Impact of intermittent fasting on glycemic control in adults with type 2 diabetes: A systematic review of randomized controlled trials

DAY 01 @FLAG BALL ROOM  
EASTERN TIME (ET)

October 19, Monday

PP06

**Awais Khan, St. Luke's Hospital, Ireland**  
**Ayesha Riaz, St. Luke's Hospital Kilkenny, Ireland**

Title: Recurrent diabetic ketoacidosis associated with polysubstance performance-enhancing drug use in previously unrecognised insulin-deficient diabetes

PP07

**Subrina Anwar**  
**Mark Howe**  
**University Hospital Southampton NHS Foundation Trust, United Kingdom**

Title: Predicting AKI in vascular surgery patients: A validation study of the Vascular Surgery Kidney Injury Predictive Score

End of Day 1

# DAY 02 @FLAG BALL ROOM

October 20, Tuesday

EASTERN TIME (ET)

08:50–09:00 Opening Remarks

## Moderators:

**Madhu S. Malo**, Stapgen LLC, United States

**Lisa A Stanton**, Omada Health, United States

## Chairs:

**Ann Gilbert**, Fit-Her Health & Fitness for Women, United States

**Andrzej Bissinger**, Medical University of Lodz, Poland

09:00–09:40

Keynote Session

**Ann Gilbert**, Fit-Her Health & Fitness for Women, United States

Title: Weightless, not powerless: Reimagining obesity care through aquatic fitness

09:40–10:20

Keynote Session

**Tracy Norfleet**, Weight Liberation®, United States

Title: Confronting weight bias and cultivating cultural humility in obesity care

10:20–11:00

Keynote Session

**Andrzej Bissinger**, Medical University of Lodz, Poland

Title: Can your watch save your life? Cardiovascular monitoring in obesity through wearable technology

11:00–11:30

Coffee Break @Foyer

11:30–11:50

Oral Session

**Melinda J Watman**, Weighty Decision, United States

Title: Atypical anorexia is not that atypical: Eating disorders and obesity – The patient and clinician perspectives

11:50–12:10

Oral Session

**Sarah M. Stewart**, Worth The Weight, LLC, United States

Title: Teaching metabolism in the exam room: Using macronutrients and early biomarkers to identify and address obesity-related metabolic dysfunction

**DAY 02 @FLAG BALL ROOM**  
EASTERN TIME (ET)

**October 20, Tuesday**

**12:10-12:30**

**Oral Session**

**Madhu S. Malo, Stapgen LLC, United States**

Title: Diabetes pathogenesis and prevention

**12:30-12:50**

**Oral Session**

**Ana Paula Franco Pacheco, Estácio University of Brasília, Brazil**

Title: Effects of a structured education program on glycemic control in type 1 diabetes

**12:50-14:00**

**Lunch Break @Restaurant**

**14:00-15:00**

**CE WORKSHOP**

**Julio Rosenstock**

**Marc Cornier**

**Medical University of South Carolina; University of Texas Southwestern Medical Center, United States**

Title: Beyond daily injections: Implementing once-weekly basal insulin to simplify and personalize care

**15:00-15:20**

**Oral Session**

**Olayemi Olubowale, Massachusetts General Hospital, United States**

Title: Racial disparities in osteoarthritis: Prevalence, presentation, and management in the United States

**15:20-15:40**

**Oral Session**

**Lisa A Stanton, Omada Health, United States**

Title: Improving GLP-1 weight loss quality with a virtual lifestyle companion program

**15:40-16:00**

**Oral Session**

**Subrina Anwar**

**Mark Howe**

**University Hospital Southampton NHS Foundation Trust, United Kingdom**

Title: Validation of VSKIPS and identification of additional risk factors for post-operative acute kidney injury after vascular surgery

**16:00-16:30**

**Coffee Break @Foyer**

16:30-16:50

Oral Session

**Samira Seidu Bogobiri, Truworth Specialist Clinic, Ghana**

Title: Artificial intelligence (AI)-driven remote monitoring and predictive management of diabetes patients in home-based care settings: Enhancing early detection, personalized intervention, and long-term health outcomes in Ghana

16:50-17:10

Oral Session

**Janet Ofori, Ghana Health Service, Ghana**

Title: Community-based diabetes prevention strategies in rural Ghana

End of Day 2

# DAY 03 @ZOOM MEETING

October 21, Wednesday

Central European Summer Time (CEST)

08:30-09:00

AV Check

**Moderator:**

**Amrita Sharma, GRDU, India**

CENTRAL EUROPEAN  
SUMMER TIME (CEST)

PRESENTER'S LOCAL  
COUNTRY TIME

09:00-09:40

11:00-11:40

Keynote Session

**Mahir Khalil Ibrahim Jallo, Thumbay University Hospital, United Arab Emirates**

Title: Continuous Glucose Monitoring (CGM) ethical consideration

09:40-10:20

15:40-16:20

Keynote Session

**Wan Rosli Wan Ishak, Universiti Sains Malaysia, Malaysia**

Title: The prowess of Overripe Banana Sweetener (OBS) in enhancing nutritive values in food and ameliorating glycaemic responses in type 2 diabetes mellitus

10:20-11:00

09:20-10:00

Keynote Session

**Vicky Midwood, Go Figure Coaching, United Kingdom**

Title: When treatment creates the problem: Food addiction, identity, and the cost of getting it wrong

11:00-11:20

13:00-13:20

Oral Session

**Safa Hegazin, Cleveland Clinic Abu Dhabi, United Arab Emirates**

Title: Social determinants of obesity and social disparities

11:20-11:40

10:20-10:40

Oral Session

**Ana Paula Moreira Carvalho Alves, University Faro, Portugal**

Title: Effect of two nutritional interventions in women with obesity at the Portimão Unit of the Algarve Local Health Unit

11:40-12:00

15:10-15:30

Oral Session

**Subhas Chandra Datta, D N Das High School, India**

Title: Regular intake of PM POSHAN-biomedicines midday meal with sports and games regulating world obesity and weight management of school children

CENTRAL EUROPEAN  
SUMMER TIME (CEST)PRESENTER'S LOCAL  
COUNTRY TIME

12:00-12:20

15:30-15:50

Oral Session

**R. Anil Kumar, Karnataka Institute of Endocrinology and Research, India**

Title: Differential diagnosis of diabetes in young and prevalence of LADA and LADY in young persons attending tertiary diabetes institute in Bengaluru, India

12:20-12:40

15:50-16:10

Oral Session

**Abhishek Bansal, New Era Consultancy Services, India**

Title: Endocrine-specific diabetes risk modeling, glucose-insulin dynamics, and simulation-based metabolic review using the BVIDAL clinical software suite

12:40-13:00

16:10-16:30

Oral Session

**Rupesh K. Gautam, Amity Institute of Pharmacy, India**

Title: Shaping the future of diabetes care: New advancements in treatment, digital health and personalized patient care

13:00-13:20

16:30-16:50

Oral Session

**Renuka Sharma, Sharda University, India**

Title: A comprehensive analysis of adipose tissue signalling pathways: Bridging molecular mechanisms and therapeutic strategies in obesity

13:20-13:40

16:50-17:10

Oral Session

**Rajat Goyal, Maharishi Markandeshwar (Deemed to be University), India**

Title: Transforming diabetes care: From genetic discoveries to AI-driven personalized healthcare

13:40-14:00

17:10-17:30

Oral Session

**Sourabh Bais, SAGE University Indore, India**

Title: Metabolic health across generations: Preventing and controlling diabetes in the modern era

CENTRAL EUROPEAN  
SUMMER TIME (CEST)PRESENTER'S LOCAL  
COUNTRY TIME

14:00-14:20

15:00-15:20

Oral Session

**Grace A Asiko, Apiculture Platform of Kenya, Kenya**

Title: Enhancing nutrition therapy on diabetics through increased crop productivity

14:20-14:40

16:20-16:40

Oral Session

**Hyder Khan, Colchester General Hospital, United Kingdom**

Title: Optimising inpatient hypoglycaemia management: A closed-loop quality improvement project enhancing protocol adherence and patient safety among resident doctors in care of the elderly and acute medicine department at Colchester General Hospital

14:40-15:00

13:40-14:00

Oral Session

**Khaled Elhadidi, Royal Derby Hospital, United Kingdom**

Title: Recurrence and functional outcomes following laparoscopic hiatus hernia repair: A single-centre study

15:00-15:20

14:00-14:20

Oral Session

**Muhammad Basil Raza, East Lancashire Hospitals NHS Trust, United Kingdom**

Title: Intensive versus standard blood pressure control in type 2 diabetes: Cardiovascular and microvascular outcomes

15:20-15:40

09:20-09:40

Oral Session

**Jun Zou, Georgia State University, United States**

Title: Aging-associated gut microbiota exacerbates western diet-induced obesity and vascular dysfunction

15:40-15:50

20:40-20:50

Poster Session

**Sunaree Pitchaiprasert, Surin Hospital, Thailand**

Title: Integrating continuous glucose monitoring with intensive coaching in a fully online lifestyle intervention for diabetes prevention in adults with prediabetes and obesity: Protocol for a two-arm pilot randomised controlled trial (CGM-RCT online study)

15:50-16:00

09:50-10:00

Poster Session

**Ashlyn Callan, Albert Einstein College of Medicine, United States**

Title: The effect of BMI on surgical complications and recovery after operative fixation of tibial plateau fractures

CENTRAL EUROPEAN  
SUMMER TIME (CEST)PRESENTER'S LOCAL  
COUNTRY TIME

16:00-16:10

09:00-09:10

Poster Session

**Jordan Gagnon, Creighton University, United States**

Title: Improving diabetes self-management education and support referrals in primary care through a standardized referral workflow: A quality improvement initiative

16:10-16:20

08:10-08:20

Poster Session

**Nawris Alhassan, Hope Clinic, United States**

Title: Cognitive impairment risk in adults 60 years or older treated with SGLT-2 versus DPP-4 inhibitors

16:20-17:00

10:20-11:00

Keynote Session

**Scott Isaacs, Emory University School of Medicine, United States**

Title: Obesity, MASLD, and MASH: Integrating liver and cardiometabolic risk in obesity care

17:00-17:40

11:00-11:40

Keynote Session

**Sujith Rajan, NYU Langone Hospitals, United States**

Title: MTP-ATGL interactions are hydrophobic and change during adipogenesis and fasting to regulate lipolysis in adipocytes

17:40-18:20

11:40-12:20

Keynote Session

**Daryle Wane, Nurse Consultant, United States**

Title: Eating patterns vs pharmacological treatment impacting obesity: A case study approach

18:20-18:40

12:20-12:40

Oral Session

**Julien Sanon, Thomas Jefferson University, United States**

Title: Obesity beyond weight loss: Integrating cardiovascular, kidney and metabolic care for global impact

18:40-19:00

12:40-13:00

Oral Session

**EXHIBITOR SPOTLIGHT**

Recordati Rare Diseases Inc., United States

**Represented by** Katie Ileszcynski

# WE WISH TO MEET YOU AGAIN AT OUR UPCOMING EVENTS

7<sup>th</sup> Edition of  
World Obesity and Weight Management Congress  
October 2027 | Orlando, USA | Hybrid Event  
<https://obesityworldconference.com/>

&

5<sup>th</sup> Edition of International Conference on  
Diabetes, Metabolism and Endocrinology  
October 2027 | Orlando, USA | Hybrid Event  
<https://diabetes.magnusconferences.com/>



BOSTON,  
MASSACHUSETTS, USA



## Questions? Contact

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E-mail: [secretary@magnusconference.com](mailto:secretary@magnusconference.com)