

CONFERENCE
PROGRAM



4TH EDITION OF
**WORLD OBESITY AND
WEIGHT MANAGEMENT
CONGRESS**



24-26 OCTOBER, 2024
BALTIMORE, MARYLAND, USA



IN-PERSON:

Best Western Plus Hotel & Conference Center
5625 O'Donnell Street Baltimore, MD 21224,
USA



VIRTUAL:

Eastern Time Zone (ET)

DAY 01

Thursday, October 24
(In-person)

08:00-08:50	Registrations
08:50-09:00	Opening Ceremony and Introduction
09:00-12:00	In-person Keynote Presentations
12:00-15:20	In-person Oral Presentations
15:20-18:40	In-person Workshops
18:40-19:10	In-person Poster Presentations

DAY 02

Friday, October 25
(In-person)

08:50-09:00	Opening Remarks
09:00-10:20	In-person Keynote Presentations
10:20-11:20; 15:20-17:40	In-person Workshops
11:40-15:00	In-person Oral Presentations

DAY 03

Saturday, October 26
(Virtual)

08:30-09:00	AV Check
09:00-12:20; 17:40-18:20	Virtual Keynote Presentations
12:20-13:00	Virtual Poster Presentations
13:00-16:40	Virtual Oral Presentations
16:40-17:40	Virtual Workshop

 IN-PERSON
 VIRTUAL

Day 01 Break Timings (In-person)

11:00-11:20
13:00-14:00
17:20-17:40

Coffee Break
Lunch Break
Coffee Break

Day 02 Break Timings (In-person)

11:20-11:40
13:00-14:00
16:20-16:40

Coffee Break
Lunch Break
Coffee Break

Important Note

- The conference follows Eastern Time Zone (ET) for both In-person and Virtual sessions.
- When the program refers to Local Timings, it means that the timing mentioned is based on the time zone of the presenter's country.
- In-person presentations will take place in the **CANTON ROOM @Best Western Plus Hotel & Conference Center** and Virtual presentations will take place in Zoom meetings.
- Please remain accessible in the hall or on Zoom throughout the day as there could be minor program adjustments due to technical issues or presenter no-shows.

KEYNOTE PRESENTATIONS

Eastern Time Zone (ET)

@CANTON

08:00–08:50 | Registrations

08:50–09:00 | Opening Ceremony and Introduction

Moderator:

Isabel Michalak, Olin Neuropsychiatric Research Center, United States

09:00–09:40

In-person

Russell Rising

D & S Consulting Services Inc, United States

Title: Short duration metabolic measurements by whole room indirect calorimetry as an adjunct for obesity treatment and athletic training

09:40–10:20

In-person

Mitchell S Steiner

Veru Inc, United States

Title: Advancing enobosarm, an oral novel Selective Androgen Receptor Modulator (SARM), to avoid muscle loss and augment fat loss when combined with a Glucagon-Like Peptide-1 Receptor Agonist (GLP-1 RA) drugs for potentially higher quality weight loss

10:20–11:00

In-person

Gretchen Holmes

Sam Houston State University, United States

Title: Patient advocacy: Navigating the healthcare environment to protect your weight loss goals

Group Photo

11:00–11:20 | Coffee Break @Foyer

11:20–12:00

In-person

Buck Willis

IUHS School of Medicine, Saint Kitts and Nevis

Title: 2-minute weight loss

ORAL PRESENTATIONS

Chairs:

Russell Rising, D & S Consulting Services Inc, USA, United States

Buck Willis, IUHS School of Medicine, Saint Kitts and Nevis

Mitchell S Steiner, Veru Inc, United States

12:00–12:20

In-person

Jeane Silva

Augusta University, United States

Title: Assessing MC4R gene variants and body composition in a heterogenic population

Eastern Time Zone (ET)

12:20–12:40 In-person

Aboubacar Oumar Bangoura

Université Gamal Abdel Nasser de
Conakry, Republic of Guinea

Title: Yeast application for desalting fibersol-2 to control obesity and diabetes

12:40–13:00 In-person

Akhila Harinarayan

Information Services Group (ISG),
India

Title: Information technology as an enabler for prevention and management of diabetes mellitus: The present and the future

13:00–14:00 | Lunch @Chesapeake I

14:00–14:20 In-person

Arvind Bhaktavatsala

AMD Pvt Ltd, India

Title: Artificial intelligence in insulin therapy

14:20–14:40 In-person

Sandi Assaf

SHSU College of Osteopathic
Medicine, United States

Title: A lycopene rich diet: An Ozempic alternative

14:40–15:20 In-person

Allison Insunza

Angela Conte

California State University, United
States

Title: Weight bias in healthcare settings and college campuses: A guide to acknowledging sizeism, the impacts of discrimination, and advocating for change

WORKSHOPS

15:20–16:20 In-person

Allison Insunza

Angela Conte

California State University, United
States

Title: Body acceptance & self-love: Helping students overcome conflicts with their physical bodies to increase feelings of self-worth, to improve mental health outcomes, and guide them in leading healthier, more purposeful lives

16:20–17:20 In-person

Sandi Assaf

SHSU College of Osteopathic
Medicine, United States

Title: Building personalized patient weight loss diet plans

17:20–17:40 | Coffee Break @Foyer

17:40–18:40 In-person

Janet Frank

Janet Frank Coaching LLC, United
States

Title: Stop feeling shame around food: A 3-part framework to overcome emotional eating and lose weight for good

POSTER PRESENTATIONS

P1

In-person

Isabel Michalak

Olin Neuropsychiatric Research
Center, United States

Title: 12-Month postoperative cognitive performance following sleeve gastrectomy

P2

In-person

Jae-Dong Lee

The Catholic University of Korea,
Republic of Korea

Title: Association between serum vitamin D levels and obesity in Korean adults
based on the national health and nutrition examination survey

P3

In-person

Mohaddeseh Hasanzadeh

Shahid Beheshti University of Medical
Science, Iran (Islamic Republic of)

Title: Psychological interventions for treating eating disorders in children, review

KEYNOTE PRESENTATIONS

Eastern Time Zone (ET)

@CANTON

08:50–09:00 | Opening Remarks

Moderator:
Maria Alejandra Mogollon, American Association of Clinical Endocrinologist, United States

09:00–09:40 In-person

Buck Willis
IUHS School of Medicine, Saint Kitts and Nevis

Title: Pre-diabetes reduction from ALCAT food allergen elimination: A controlled, pilot study

09:40–10:20 In-person

Andrzej Bissinger
Medical University of Lodz, Poland

Title: What we should know about the Cardiac Autonomic Neuropathy (CAN)?

Chairs:
Buck Willis, IUHS School of Medicine, Saint Kitts and Nevis
Andrzej Bissinger, Medical University of Lodz, Poland

WORKSHOP

10:20–11:20 In-person

Gretchen Holmes
Sam Houston State University, United States

Title: Building the provider-patient relationship to enhance behavior change

11:20–11:40 | Coffee Break @Foyer

ORAL PRESENTATIONS

11:40–12:00 In-person

Robert W Liles
Liles Parker, United States

Title: Enforcement actions and investigations targeting weight loss providers and clinics

12:00–12:20 In-person

Maria Alejandra Mogollon
American Association of Clinical Endocrinologist, United States

Title: Treatment of obesity for primary care: From diagnosis to care management

Eastern Time Zone (ET)

12:20–12:40

In-person

Annet Adegboyega
Sinai Hospital, United States

Title: Weight loss maintenance after bariatric surgery

12:40–13:00

In-person

Iftikhar Ali Khan
Eastern Along Pharmaceutical Co.,
Ltd, China

Title: Dietary shifts in China: The rise in consumption of fast-food meat products and their impacts on obesity and cancer risk

13:00–14:00 | Lunch @Chesapeake I

14:00–14:20

In-person

Elzbieta Majzner
Central Clinical Hospital of the
Medical University of Lodz, Poland

Title: Weighty challenges: Perioperative problems and complications in obese people

14:20–14:40

In-person

Masood Ahmed
Bolan Medical College Quetta,
Pakistan

Title: The impact of tranexamic acid administration on mortality rates in upper gastrointestinal bleeding: A comprehensive meta-analysis and systematic review

14:40–15:00

In-person

Kateryna Komisarenko
V. P. Komissarenko Institute of
Endocrinology and Metabolism of
the National Academy of Medical
Sciences, Ukraine

Title: Cognitive-emotional disorders in DM2 patients with COVID-19 based on phenotype and serotonin level

15:00–15:20

In-person

Lloyd L. Tran
Biomed Industries, Inc., United States

Title: NA-931, a novel quadruple IGF-1, GLP-1 and GIP and glucagon receptor agonist reduces body weight without muscle loss

WORKSHOPS

15:20–16:20

In-person

Bob Esquerre
Esquerre Fitness Group International,
United States

Title: The missing ingredient: Emotional intelligence training for the health & fitness sector

16:20–16:40 | Coffee Break @Foyer

16:40–17:40

In-person

Jeane Silva
Augusta University, United States

Title: Associations between MC4R gene variants, food intake, and body composition in a heterogenic population

KEYNOTE PRESENTATIONS

Eastern Time (ET) Local Timings

@ZOOM MEETING

08:30–09:00 ET | AV Check

Moderator:

Olga Verbeniuc, Canadian School of Natural Nutrition, Canada

09:00–09:40 15:00–15:40

Torbjörn Bäckström
Umea University, Sweden

Title: GABA–A receptor modulating stress and sex neurosteroid influence on the regulation of feeding, overeating and obesity

09:40–10:20 19:10–19:50

Ashok Sharma
Apollo Hospital, India

Title: Effectiveness of indigenous Indian methods on obesity management – Experience from a wellness clinic

10:20–11:00 15:20–16:00

Vicky Midwood
Go Figure Coaching, United Kingdom

Title: The hidden secrets to overcoming obesity & diabetes

11:00–11:40 11:00–11:40

Allison B Reiss
Joshua De Leon
NYU Grossman Long Island School of
Medicine, United States

Title: Transitioning off of GLP1 agonists in a healthy way while maintaining weight loss

11:40–12:20 11:40–12:20

David D Peterson
Cedarville University, United States

Title: Effective strategies for weight loss

Chairs:

Torbjörn Bäckström, Umea University, Sweden
Ashok Sharma, Apollo Hospital, India

POSTER PRESENTATIONS

12:20–12:30 17:20–17:30

Elamari Saloua
UM6SS, Morocco

Title: Hypothalamic obesity: The importance of early nutritional management

12:30–12:40 09:30–09:40

Johnny H Wen
Providence Hospital, United States

Title: The study of class III morbidly obese subjects seeking gastric bypass, gastric sleeve, or other bariatric surgical procedures

12:40–12:50 11:40–11:50

De Andre Nunn
Chicago State University, United States

Title: Effectiveness of a short-term OT-based health promotion program focused on improving the quality of life and weight management

12:50–13:00 11:50–12:00

Joelle Hoeferkamp
University of the Incarnate Word School of Osteopathic Medicine, United States

Title: Gauging national public interest in weight loss medications: A google trends analysis

ORAL PRESENTATIONS

13:00–13:20 22:30–22:50

Mamatha B Patil
Rajarajeswari Medical College and Hospital, India

Title: Obesity in women

13:20–13:40 22:50–23:10

Rajat Goyal
MM College of Pharmacy, India

Title: Insights on impact of obesity in gastrointestinal diseases

13:40–14:00 20:40–21:00

Anees Abed S Alyafei
Primary Health Care Corporation, Qatar

Title: *To be Announced.....*

14:00–14:20 19:00–19:20

Jade Sampford
Anglia Ruskin University, United Kingdom

Title: GLP-1 medication in obesity management: A scoping review

14:20–14:40 19:20–19:40

Catriona Maybury
Helios X Group, United Kingdom

Title: Motivation and barriers to weight loss in a cohort of 1659 people taking GLP1 medication through a health tech company

14:40–15:20 14:40–15:20

Amy Gutman
AdventHealth; Tough Love MD, United States

Title: The remarkable effect of a ketogenic diet on brain health

15:20–15:40 15:20–15:40

Jeeva Subramanian
Jamie Faro
UMass Memorial Medical Center, United States

Title: A clinician-delivered wearable device program integrated into an electronic health record for tailored physical activity guidance: A formative assessment

15:40–16:00 15:40–16:00

Mariana Santos
Founder of Brazily Fitness Inc., Canada

Title: Empowering resilience and confidence: The transformative benefits of dance on mental and physical health

16:00–16:20 16:00–16:20

Olga Verbeniuc

Canadian School of Natural Nutrition,
Canada

Title: Obesity in focus: Causes, health impacts, and sustainable solutions

16:20–16:40 16:20–16:40

Michelle Petties

Brand New Now Press, United States

Title: A food addict's lesson: Confusion. Clarity. Recovery

WORKSHOP

16:40–17:40 16:40–17:40

Michelle Petties

Brand New Now Press, United States

Title: Finding, facing, rewriting, and replacing your food story: A practical tool for supporting patients' weight loss journey

KEYNOTE PRESENTATION

17:40–18:20 17:40–18:20

Stephen Gullo

Center for Health Sciences, United
States

Title: Beyond Ozempic and diets

END NOTE

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Notes



*We wish to meet you again at our
upcoming events*

5th Edition of

World Obesity and Weight Management Congress

Orlando, Florida, USA | October 23-25, 2025

<https://obesityworldconference.com/>

3rd Edition of International Conference on

Diabetes, Metabolism and Endocrinology

Orlando, Florida, USA | October 23-25, 2025

<https://magnusconferences.com/diabetes/>

Questions? Contact

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